

FREE-To-Be-Me Accelerator Program Overview

The **FREE-To-Be-ME! Kickstarter Program** offered you a **birds-eye-view** of how your subconscious mind is "running the show" - you call your **LIFE**. You gained a greater perspective of how you can change that programming and got valuable tools to help you do that moving forward.

Now it's time to **ACCELERATE THE LEARNING**
and **DEEPEN YOUR TRANSFORMATION**.

I'm going to use **GROWING a GARDEN** as my analogy for how the **ACCELERATOR PROGRAM WILL WORK IN YOUR LIFE!**

In order to **GROW a HEALTHY Garden** -
you must understand what **CONDITIONS** you're working with -
is it full of **WEEDS** or is the soil **DEPLETED?**
If you don't understand what you're working with
you cannot create a **THRIVING and PRODUCTIVE GARDEN**.
If you don't create **HEALTHY SOIL** your **SEEDS** will **NOT GROW**.

If you don't **ADD NUTRIENTS** or **WATER REGULARLY**, the plants will wither and die.
And of course, one can never underestimate the **VALUE OF SUNSHINE**
and **CONTINUED WEEDING, PEST ELIMINATION** and
COMPANION PLANTING in the whole process.

Most humans are trying to grow flowers and food for their lives in unhealthy soil full of weeds. They never water their garden, allow pests to take over and the sun to burn, and whither everything that's trying its best to thrive.

ALL OF THAT can change - when you **PAY ATTENTION**
and **CREATE BETTER CONDITIONS FOR THRIVING!**

Let's GROW a THRIVING and BEAUTIFUL LIFE FULL of JOY and ABUNDANCE

UNLIKE the Kickstarter Program THIS COURSE is 100% Self-Paced.
Take as long as you need - be as quick as you want - and have access to the course
+ any additions or upgrades for the rest of your life.
After all - you want a THRIVING LIFE for the REST OF YOUR LIFE - right?

**Each module will be broken down into
smaller portions to support time
constraints and learning styles.**

UNDERSTANDING SOIL CONDITIONS (UNCONSCIOUS PROGRAMMING)

This module will teach you how to SEE where your subconscious mind is running the show (preventing you from growing the life you desire). Awareness is a crucial step as it opens the door to change. In this module, you will also learn how to set yourself up to succeed by choosing the type of life garden you want to grow and what it will take for you to create it.



WEEDING THE GARDEN (LETTING GO OF UNHELPFUL BELIEFS)

This module will help you uncover and let go of your addictions and self-sabotaging behaviors (some obvious, most far more subtle, and sneaky). You will also connect to what's working and what's not and you will re-connect to (and dramatically increase) your level of deserve-ability so you can set yourself up to thrive.



SOIL PREPARATION (ADDING HELPFUL BELIEFS)

This module will offer you both Ancient Wisdom Practices and State-of-the-Art Neuroscience based reprogramming technologies (nutrients) that will help you reset your subconscious programming effortlessly. You will have several to choose from so you pick what's right for you. Your subconscious mind's greatest desire is to keep you safe (it's just confused about what "safe" really means for you). You're going to learn how to create new connections – so what you desire becomes your NEW SAFE.



SEEDING (PLANTING THE DREAM)

This module will see you establish what you want to seed into your fully prepared garden. You've weeded and added healthy nutrients now you're going to plant. For this process, you will gain access to more Ancient Wisdom Practices and State-of-the-Art Neuroscience based reprogramming technologies to help the NEW SAFE to take hold.



NURTURING/WATERING AND LETTING THE SUN, SHINE! (SUPPORTING THE DREAM)

This module will show you how to NORMALIZE the NEW YOU. You will enhance what you believe is possible for you and you will see the evidence of all that you have learned so far. With each module, you will have increased your awareness in significant ways. Through awareness you can speed up the growth process in any and every area of your life. There are also more tools to take advantage of in this module. The more tools you have access to – the easier it will be for you to pick the right ones for you.



GROWING/HARVESTING/FEASTING

(PERFECTING YOUR PROCESS AND EXPERIENCING YOUR DREAM)

This module will provide you with evidence of all the work you've been doing. Your garden will offer you its abundance and as you pick from that abundance your garden will continue to grow – because you will understand the value of continued Weeding, Seeding, Nurturing, Watering, and Letting the Sun, SHINE. There has always been a table set just for you – filled with everything you desire. It's time to take your place at that table and then invite others to join you there! The more of us who plant healthy and thriving Life Gardens, the more beautiful our world will get.

